

Short Imaginal Processes Inventory

Short Imaginal Processes Inventory (SIPI)

Authors: G. J. Huba, J. L. Singer, C. S. Aneshensel, J. S. Antrobus

Range: Adolescent through adult

Time: Approximately 10 minutes

Purpose: The Short Imaginal Processes Inventory (SIPI) is a brief instrument for assessing aspects of Daydreaming content and style, mental style, and general inner experience.

Description: The SIPI is a ground-administered test containing 45 items with a 5-alternative response format. Responses are recorded in the question and answer booklet, and hand scored. Scores are provided on three scales: Positive-Constructive Daydreaming, Guilt and Fear-of-Failing Daydreaming and Poor Attentional Control.

Scoring: The SIPI can be completely hand scored within a few minutes. Separate templates are available for ease in summing up item scores, and adjusting responses to reverse-keyed items. The SIPI profile sheets provide a visual display of scores, standardized separately for males and females.

Development: The Short Imaginal Processes Inventory was derived from the items of the full IPI developed by Singer and Antrobus in 1970. Items were chosen to provide a brief yet comprehensive assessment of the three underlying factors of the original IPI. Great care was taken to maximize the psychometric Qualities of the instrument. A derivation sample of over 1,000 college students was utilized, and a sequential test construction strategy was employed to ensure high internal consistency within scales and minimum overlap between scales.

Reliability: The manual reports coefficients alpha for internal consistency of .80, .82, and .83.

Validity: The SIPI, being an abbreviated and psychometrically optimized version of the full IPI, can be drawn upon the body of the research already conducted with the longer instrument. The manual contains a brief review of some of these studies, and offers a reference list which would serve as an excellent basis for further inquiry.

Uses: - Research into the structure of inner experience and its relation to other psychological functions.

- Individual assessment, where data on imaginal processes can be both important and enlightening.

-Investigation of group differences in both form and content of imaginal processes.