

**SPNS Program Cooperative Agreement Evaluation  
Module 64: Self-Efficacy Scale  
National Evaluation by The Measurement Group**

<b>ID Letters</b>	<b>ID Numbers</b>	<b>Site</b>	<b>Sub-Provider</b>	<b>Date</b>		
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> /	<input type="text"/> <input type="text"/> /	<input type="text"/> <input type="text"/>
				Month	Day	Year
<b>Staff Code</b>	<b>Client Gender</b>					
<input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/> Male <input type="radio"/> Female					

**INSTRUCTIONS: Darken the circle next to each statement which asks you about how much control you feel you have in your daily life. How strongly do you agree or disagree that:**

1. I have little or no control over the things that happen to me.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
2. There is really no way I can solve some of the problems I have.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
3. There is little I can do to change many of the important things in my life.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
4. I often feel helpless in dealing with the problems of life.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
5. Sometimes I feel that I'm being pushed around in life.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
6. What happens to me in the future mostly depends on me.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree
7. I can do just about anything I really set my mind to do.	<input type="radio"/> Strongly Agree	<input type="radio"/> Agree	<input type="radio"/> Disagree	<input type="radio"/> Strongly Disagree